

Coaching
Petra Kern

KUNST KOMPETENZ IN HEIDELBERG

Time for Yourself

A Journey to Greater Clarity
Through Art and Systemic Constellations

Two Days Just for You – Surrounded by Art

28/29 September 2026: Monday, 9:30 am–6:00 pm; Tuesday, 10:00 am– 6:00 pm

Day 1 – Insight & Creativity

Self-reflection through receptive art therapy; identifying personal themes and challenges; creative inspiration and new perspectives; Action Learning: developing initial pathways toward solutions

Day 2 – Clarity & Integration

Deepening insights; continuing the Action Learning process; systemic constellations for new perspectives; concluding with a Letter of Encouragement.

Participation: Limited to 10 participants. €490 plus 19% VAT, including workshop materials, lunch, coffee and refreshments (Reduced fee available upon request)

Venue: Naumer Architekten, S4, 17, 68161 Mannheim, Germany

Getting there: We are happy to assist with travel and hotel arrangements

Parking: Bauhaus Parking Garage, R5, 14–17, 68161 Mannheim, Germany

Registration: kern@coaching-petrakern.de, Mobil: +49 (0)175 2982284

I look forward to welcoming you! Warm regards, Petra Kern